

# GREGORY & REITER, P.C.



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## TIPS FOR THE NURSERY



### Crib Safety

Always put your baby to sleep on his/her back on a firm, tight-fitting mattress. **You should not be able to fit more than one finger between the mattress and the crib.** Remove pillows, quilts, comforters and soft toys from your baby's bassinet or crib. Never place the crib or bassinet near a window.

Remove toys that stretch across the crib with string, cord or ribbons once your baby is able to sit up or pull up on her own.

Make sure you are using a crib that meets current safety standards. **The crib or bassinet slats should be no wider than 2 and 3/8 inches apart.** As a test, make sure that you cannot fit an upright soda can between the slats. Regularly check the crib to ensure that all parts are intact and that there are no cracks in the wood.

**Never leave your baby alone on a changing table,** even if it has a buckle to keep your baby in place.

